

WEST CHESTER UNIVERSITY
 DEPARTMENT OF SPORTS MEDICINE
 BACHELOR OF SCIENCE IN ATHLETIC TRAINING
 GUIDANCE RECORD SHEET

Name _____

Date Entered Athletic Training Major _____

Course	First Semester	Credits
___ WRT 120	Eff. Writing I	3.0
___ PSY 100	Intro to Psych	3.0
___ SMD 100	Found. Spts. Med	2.0
___ BIO 110	General Biology	3.0
___ _____	SPK 208, Arts, or other Gen. Ed.	<u>3.0</u>
Total Credits		14

Course	Second Semester	Credits
___ WRT 200	Critical Writing & Research	3.0
___ or 220 or 208	Special Topics or Writing for Print Media	
___ BIO 259^^	Human Anat/Phys I	4.0
___ SMD 204^^	First Aid Health Prof.	3.0
___ SML 204^^	First Aid Health Prof./Lab	0.0
___ _____	SPK 208, Arts or other Gen. Ed.	3.0
___ _____	BEH & SOC SCIENCE	<u>3.0</u>
Total Credits		16

Course	Third Semester	Credits
___ SMD 361^^	Kinesiology	3.0
___ SMD 272^^	Ath. Trg. Tech.	3.0
or 261^^	Surface Anatomy (3 credits)	
___ BIO 269^^	Human Anat/Phys II	4.0
___ _____	SPK 208, Arts, or other Gen. Ed.	3.0
___ MAT 121	Statistics	<u>3.0</u>
Total Credits		16

Course	Fourth Semester	Credits
___ EXS 380^^	Applied Ex. Physio.	3.0
___ SMD 261^^	Surface Anatomy	3.0
or 272^^	Ath. Trg. Tech. (3 credits)	
___ SMD 312^^	Path/Evl Ath Inj II	3.0
___ CHE 107	Gen Chem Allied Health Sci	4.0
___ CRL 107	Gen. Chem Allied Health lab	1.0
___ NTD 303^^	Intro to Nutrition	<u>3.0</u>
Total Credits		17

Course	Fifth Semester	Credits
___ SMD 311^^	Ther. Ex. AT	3.0
___ SMD 313^^	Path/Evl Ath Inj III	3.0
___ SMD 315^^	ATH INJ MGMT I	3.0
___ SML 311^^	Ther Ex. Lab	2.0
___ SMD 210^^	Psy/Soc Persp Sports Inj	<u>3.0</u>
Total Credits		14

Course	Sixth Semester	Credits
___ SMD 310^^	Ther. Mod AT	3.0
___ SMD 212^^	Path/Evl Ath Inj I	3.0
___ SMD 316^^	Ath Inj Mgmt II	3.0
___ SML 310^^	Ther. Mod AT Lab	1.0
___ _____	Interdisciplinary ("I" course)	<u>3.0</u>
Total Credits		13

Course	Seventh Semester	Credits
___ SMD 414^^	H.,O.,&A. of AT	3.0
___ SMD 417^^	Ath Inj Mgmt III	3.0
___ SMD 454^^	Ther/Prac Cond.	3.0
___ PHY 100	Elements Physical Science	3.0
___ _____	Diverse Communities ("J" course)	<u>3.0</u>
Total Credits		15

Course	Eighth Semester	Credits
___ SMD 418^^	Ath Inj Mgmt IV	3.0
___ _____	Student Elective	3.0
___ _____	Student Elective	3.0
___ _____	Student Elective	3.0
___ _____	Humanities or other Gen. Ed.	<u>3.0</u>
Total Credits		15

TOTAL CREDITS FOR WHOLE PROGRAM = 120

prerequisites for Fifth Semester

(5/11)

^^ must earn C or better in these classes

WEST CHESTER UNIVERSITY
Department of Sports Medicine
ADVISING GUIDELINES
General Education Requirements -

I. Academic Foundations (18)

- A. English Writing Courses (6)
Satisfied by WRT120 and WRT 200, 208 or 220
- B. Mathematics: (3)
Satisfied by MAT 121
- C. Communications (3)
Satisfied by SPK 208
- D. Diverse Communities (3)
One course with a **J** (Diverse Communities) designation
- E. Interdisciplinary (3) - One course with an **I** (Interdisciplinary) designation.
An interdisciplinary course may simultaneously meet the interdisciplinary and foreign culture cluster requirements.

An interdisciplinary course may not be used to fulfill a general education requirement in the distributive areas and may not simultaneously satisfy the interdisciplinary and diverse communities requirements. - **SMD 210**.

II. Distributive Requirements (18) - ***student is responsible to ascertain the course is Gen Ed approved**

- A. Sciences - 6 credits* (check approved list)
Satisfied by PHY100,CHE/CRL 107, and BIO110 requirements
- B. Behavioral and Social Sciences - 6 credits* (check approved list)
Satisfied by PSY100 requirement plus 1 approved course from one other area:
1. ANT, 2. SOC, 3. ECO, 4. GEO, 5. PSC
Approved courses*: ANT 102, 103; SOC 200, 240; ECO 101, 111, 112; GEO 101, 103;
PSC 100, 101, 213
- C. Humanities - 6 credits*: (check approved list)
Satisfied by 2 approved courses from the following areas:
Literature or Classics (check approved list)
History –(check approved list)
Philosophy (Recommended 101 or 180; check approved list)

III. Arts* – (3) ***student is responsible to ascertain the course is Gen Ed approved**

Satisfied by taking 3 credits worth of coursework in approved art,cinematography,dance,music,photography,or theater

IV.Student Electives (9)

Must be satisfied by courses not required by General Education or your major. The following constitute some suggested classes for the students choice: EXL 380 Ex. Phys Lab, HEA 325 Stress Mgmt , HEA 206 Human Development, PEA 137 Strength Training, CSC 101 Computers, BIO 214 Microbiology, BIO 307 Pathophysiology (no lab), BIO 367 Physiology of Drug Interaction, PSY 375 Abnormal Psych , PSY 210 Developmental Psych , PSY 350 Motivation , PSY 257 Theo. of Personality, EDA 102 Psych of the Phys. Disabled , KIN 465 Mech. Anal. of Motor Skills. Students interested in Medical School, Physical Therapy, or similar graduate programs should take CHE/CRL 103-104, and PHY/L 130-140, and an advanced Biology course.

V. Writing Emphasis Courses (one must be at 300-400 level) **9 credits**. Note for transfer students:Transfer students who enter with 40-70 credits must take 2 writing emphasis courses. Students who transfer with 70 credits must take 1 writing emphasis course.

<u>Course</u>	<u>Title</u>	<u>Semester/Year</u>
1. SMD 414	<i>H, O, & A of Athletic Training</i> (required)	Fall, Senior year
2. SMD 210	Psychosocial Perspectives of Sport/Recreational Injuries (required)	Fall, Junior year
3.		

VII. The student must achieve at least a "C" in each of these courses. The student must have a minimum combined GPA of 2.5 in these courses in order to be recommended for the BOC Certification Exam:

BIO 259, 269, EXS 380, NTD 303
SMD 204, 210, 212, 261, 272, 310, 311, 312, 313, 315, 316, 361,414,417, 418, 454
SML 310, 311