

# An Informational Guide to the NDTR Exam

**Please visit for more information about all things NDTR:**

<https://www.cdrnet.org/NDTR>

<https://www.cdrnet.org/study>

## **What is the DTR Exam?**

The Nutrition and Dietetics' Technician, Registered (NDTR) Exam is a test that assesses your knowledge of Food Science and Food Service, Nutrition Science and Care for both individuals and groups, and Management of Food and Nutrition Services.

## **How do I qualify for the DTR Exam?**

- Complete a 4-year Didactic Program in Dietetics (DPD) program resulting in a bachelor's degree in nutrition.
- Email your DPD Director (Dr. Dirhan) requesting your intent to take the NDTR Exam, including **your full legal name as it appears on your driver's license or passport.**
- Dr. Dirhan will supply and email paperwork and instructions for you to complete.
  - If you do not write your name EXACTLY as it appears on your driver's license you WILL NOT be permitted to take the exam upon arrival to the test site.

## **How and what should I study to prepare?**

- Test Specifications
  - **Nutrition Science and Care for Individuals and Groups** **41%**
    - Principles of Basic and Normal Nutrition
    - Screening and Assessment
    - Planning and Intervention
    - Monitoring and Evaluation
  - **Food Science and Food Service** **21%**
    - Menu Development
    - Procurement and Supply Management
    - Food Production, Distribution, and Service
    - Sanitation, Safety, Facility and Equipment
  - **Management of Food and Nutrition Services** **38%**
    - Human Resources
    - Finance and Materials
    - Marketing Products and Services
    - Management Principles and Functions
    - Quality Management, Regulatory Compliance, and Research
- How to study
  - Study materials are available for purchase through the CDR and EatRight websites
    - <https://www.pathlms.com/cdr/courses/35774>

- <https://www.eatrightprep.org/#ndtr-link>
- <https://www.cdrnet.org/dtr-exam-preparation>
- Others include:
  - DTR Study Buddy - <http://www.dtrstudybuddy.com/>
  - Visual Veggies - <https://visualveggies.com/>
  - <https://www.amazon.com/Dietetic-Technician-Registered-Secrets-Study/dp/1609716612>
  - <https://www.mometrix.com/academy/registered-dietetic-technician-practice-test/>
  - <https://www.diettechcentral.com/dtr-exam-study-guides/>
  - <https://www.allaccessdietetics.com/should-you-consider-dtr-exam/>

## What do the scores mean?

- To pass the DTR Exam, you must score at least a 25 on a scale of 1 to 50.

## Frequently Asked Questions:

- How many questions will be on the Exam?

The multiple-choice examination will be variable length. Each examinee will be given, and must receive, a minimum of one hundred and ten (110) questions; eighty (80) scored questions and thirty (30) pretest questions in order for the examination to be scored. The maximum number of questions possible is one hundred and thirty (130); one hundred scored questions and thirty (30) un-scored questions.

- How much is the examination application fee?

The examination application fee is \$120 for dietetic technicians.

- How much time will examinees have to complete the examination?

Examination testing appointments are three (3) hours; two and one-half (2 ½ ) hours to take the examination, twenty (20) minutes to complete introductory tutorial, and ten (10) minutes to complete the post examination survey.

- What happens when I pass the exam?

If you pass, you will receive an email within three weeks after taking the exam with information on how to maintain your certificate.

- What happens if I fail on my first attempt?

Those who fail the exam must apply for reauthorization; when approved, you will be allowed to schedule another exam at least 45 days after your last attempt.

**For more information about the NDTR Exam, please see the Exam FAQ page on the CDR's website:**

<https://admin.cdrnet.org/vault/2459/web/files/Exam%20FAQ%20September%202019.pdf>

**EatRightPrep NDTR Course Exam study tool website:**

<https://www.eatrightprep.org/#ndtr-link>

**Registration Examination for Dietetic Technicians Handbook for Candidates**

[https://admin.cdrnet.org/vault/2459/web///2022\\_CDR\\_DTR\\_Handbook\\_July.pdf](https://admin.cdrnet.org/vault/2459/web///2022_CDR_DTR_Handbook_July.pdf)